Navy Medical Service Corps

One Corps. Many Specialties.

Sailings of the Medical Service Corps



Volume 7, Issue 12 Dec 2019



MSCs.

FROM THE MSC DIRECTOR



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On behalf of RDML Moritz, your BUMED - based MSC staff and our family of active, Reserve and retired MSCs around the globe – I wish you a wonderful holiday season and a happy new year! The pictures in this edition attest to the fact that the holiday spirit is alive and well wherever there are



As we close a busy 2019, I want to thank you for your Leadership Through Service over this past year. We are a better Naval Force because of each of you and you should be very proud of your accomplishments. I certainly am.



Newsletter Spotlight

LT Polito and LT Epstein, both Clinical Psychologists, pose for a photo during training. More on page 6!

Newsletter Editor LCDR V. Deguzman **Newsletter Staff** CDR A. Espiritu LCDR C. Hartley LT J. Jacesko LT K. Maldarelli

LT R. Rabulan

Happy Holidays and Happy New Year!







CUSTOMS AND HERITAGE

THE PLANKOWNER CHRONICLES: DR. RAYMOND ROSWELL SULLIVAN AND THE ESTABLISHMENT OF NOSTRA

Prior to World War II, the Navy had no tradition for optometric services. Eye care in the Navy was limited to treatment of eye diseases and eye injuries. The expansion of the military and with it the advent of new visual standards and selective procurement necessitated the role of trained uniformed optometrists. On April 1, 1941 Lt. Ralph Coops was the first to heed the call becoming the Navy's first uniformed optometrist. In October of that year Coops was followed by Dr. Raymond Roswell Sullivan. By the end of the war, Coops and Sullivan were among 90 uniformed optometrists serving in the Navy.

Like many of the pioneering Navy optometrists, Sullivan entered service from private practice and was designated a Hospital Volunteer Specialist (H-V(S))— the designation for allied medical specialists serving in the reserves. The Baltimore-born and based practitioner was, however, different from cohorts in the field in that he was also a licensed lawyer with a degree from the University of Baltimore Law School.

Throughout the war optometrists like Sullivan and Coops were primarily based at training stations, air stations and Marine bases where they examined the human eye, determined its refractive error and prescribed eyewear. Opportunities for optometrist gradually expanded throughout the war and by 1944, optometrists were also being deployed with enlisted optical technicians aboard ships and to advanced bases in the Pacific as part of mobile optical and fabrication teams.

World War II also saw the birth of the enlisted optometry program and the establishment of the first "C" school for optical technicians. In June 1945, the Navy formally established the Optical School at Naval Supply Depot in Brooklyn, N.Y. for training enlisted opticians and dispensers.

In 1947, Sullivan was one of the select H-V(S) holdovers sworn into the new Medical Service Corps. Optometry was one of four distinct divisions of the new Medical Service Corps and initially accounted for five percent of the 251 plankowners. As its most senior member, Sullivan was appointed by the Navy Surgeon General as the first section head for Optometry. This was a position he would hold until 1954.

Sullivan's job was nothing more than developing the standards and practices in all matters relating to optometry and sight conservation. In 1949, Sullivan initiated the Naval Ophthalmic Program in response to the urgent need to supply eyewear to eligible Navy and Marine Corps personnel. As part of this program two ophthalmic lens laboratories (Medical Supply Depot Brooklyn, NY, and Oakland, CA) and 35 dispensing units were established.

The Optical School was also a chief focus of this program. In August 1950, the school was relocated to the National Naval Medical Center (NNMC) Bethesda, MD, and its name changed to "The School of Optometric Fabrication." The separate dispensing and optical technician courses were combined into a single 11-month course.

In March 1957, Sullivan became the first uniformed optometrist to attain the rank of Captain and was selected as the Officer in Charge of the Ophthalmic Lens Laboratory (formerly of Brooklyn, NY and now located at the Cheatham Annex, Williamsburg, VA.) Sullivan remained at the helm of the lab in 1964 when was consolidated with the School of Optometric Fabrication and its name changed to the Naval Ophthalmic Support Activity (NOSA). On May 6, 1968, the Bureau of Medicine and Surgery (BUMED) granted NOSA command status and renamed it the Naval Ophthalmic Support and Training Activity (NOSTRA). Still in charge of the activity, Sullivan holds the distinction as NOSTRA's first Commanding Officer.

CAPT Raymond Roswell Sullivan retired from the Navy in March 1970 at the age of 62. He retired to Howard County, Maryland, where he died in 1983.

In 1972, Sullivan's former command NOSTRA relocated to the Naval Weapons Station, Yorktown, VA, where it is still based today and serves as the "premiere manufacturing facility for the Optical Fabrication Enterprise (OFE)" and sets the optical standards for Military Medicine and the optical community.



Dr. Raymond Roswell Sullivan, then CDR, in 1950. First optometrist to achieve the rank of Captain.



MSC Detailers

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FROM THE DETAILERS

ORDERS RELEASE UPDATE:

PERS funding is limited and timing of FY20/Oct 2019 funding release and funding levels are unknown. Orders are currently being released through May 2019. Appropriate adjustments will be employed if lead times affect mission/PCS execution. Retirement/resignation/accession orders are being released nine months prior to retirement for OCONUS and six months prior to retirement for CONUS personnel.

PROMOTION BOARD SEASON IS UPON US – Is Your Record Accurate and Up-to-Date?

See links below for *NEW* electronic methods for submitting letters to board and officer photograph. Officers are responsible for ensuring their record is accurate and up-to -date. Utilize link below to access record management guide. This guide provides instructions and points of contact for updating your record. Detailers can only update some AQDs. Detailers do NOT have access or ability to update other sections of your record. Sending detailers anything other than AODs will only delay record updating process. If no action/response can utilize My Navy Career Center, see below. Promotion Boards see your Officer Summary Record (OSR), Performance Summary Record (PSR), and official photograph when voting on your record "in the tank". The Board Member assigned to brief your record also reviews your FITREPS, awards, letter to board and other supporting documentation. While you should verify the accuracy of your entire record, you should focus your efforts on ensuring that your OSR, PSR, Photograph, FITREPS, and Awards are accurate and up-to-date. While multiple AQDs and awards demonstrate your experience and accomplishments, documented sustained superior FITREP PERFORMANCE in challenging leadership positions with increasing scope/impact is best indicator for promotion success.

Officer Promotions Board Information, Letters to Board, Officer Photographs, etc.:

-*NEW* Electronic Submission of Letter to Board through MyNavy Portal: NAVAD-MIN 220/19

https://www.public.navy.mil/bupers-npc/boards/activedutyofficer/Pages/default.aspx

- -*NEW* Electronic Officer Photo Submission through MyNavy Portal: https://my.navy.mil [Log in ➡ Select: My Record ➡ Other Record Sites of Interest Officer ➡ Photograph]
- -Officer Record Management Brief: Click on [PDF] link. https://search.usa.gov/search?utf8=%E2%9C%93&affiliate=npc&query=Officer+Record+Management+Brief&commit=Search

-MyNavy Career Center: Phone: 1-833-330-MNCC (833-330-6622); MyNavy Career Center Email: askmncc@navy.mil; MyNavy Portal: https://my.navy.mil/

NEGOTIATING ORDERS:

If you are one year or less away from your projected rotation date (PRD) and have not already begun discussing the PCS plan with your Specialty Leader and Detailer, please reach out to them to initiate communication.

RESERVE UPDATE

BY: CAPT MICHAEL J. MEDINA, MSC, USN RESERVE AFFAIRS OFFICER, MEDICAL SERVICE CORPS



Happy holidays from Joint Task Force Guantanamo, Cuba! Pictured (L-R) First Row: LT Dannie Rio, HCA; CPT Thien Dinh, Preventive Medicine Officer; LT Mike Greenberg, Psychologist. Second Row: LCDR Drew Alvarez, Physical Therapist; MAJ Kirk Walbush, Preventive Medicine Officer; LCDR John DeJesus, Physician Assistant; LCDR Bill Legg, Pharmacist. Third Row: CDR Kirsten Betak, Psychologist; LTC Maria Kimble, Social Worker; CDR Ryan McDonald, Psychologist; CDR Glenn Buni, POMI.



Share your photos, sea stories, and BZs to THE RUDDER

Submit them through your chain of command to: <u>MSC Corps Chief's Office</u>

SPECIALTY SPOTLIGHT

CLINICAL PSYCHOLOGY

Psychology in the Navy has come a long way. In 1965, there were 53 clinical psychologists in the Navy, only five of whom had a Ph.D. It wasn't until 1977 that a Ph.D. was required to practice psychology in the Navy, and not until 1988 that clinical military psychologists had to have a license to practice! In 1999. there were 99 clinical psychology billets in the Navy and today in 2019 that number has basically doubled (207), due to a general increase in the focus on mental health across the military and the versatility and impact of psychologists in particular.

Our greatest growth has been in the areas of embedded psychology and operational psychology. People often get these two terms confused, so in a nutshell, embedded Navy psychologists are part of a line unit, providing prevention, early intervention and shortterm treatment to service members in that unit. It is a clinical mission, designed to reduce stigma, increase helpseeking, prevent psychological health disorders, find problems early when they are easier to manage and optimize the readiness of the unit.

Operational psychologists, on the other hand, are also embedded into line commands, but their mission is not a clinical one, but rather the application of psychological science to advance the mission of the command. Sometimes operational psychology is also called national security psychology. Such roles include assessment and selection of personnel for specific jobs, reintegration of American hostages or prisoners of war, security clearance evaluations, insider threat detection, and so forth.

Within the Navy's clinical psychology community, 38 percent of our billets are considered either embedded or operational. It is anticipated that by approximately 2025, this will reach 50 percent due to new billet growth in the submarine and Marine communities in particular.

are the days when the vast majority of Navy clinical psychologists worked CONUS in treatment facilities. However, all Navy clinical psychology training necessarily begins in our hospitals, so that our junior psychologists are prepared to handle practicing in overseas and embedded positions. Operational psychology is older, starting in the 1970s with the billeting of psychologists in Survival, Evasion, Resistance



San Diego, CA - LCDR Amar Purewal was featured in the American Psychological Association's Monitor in November. LCDR Purewal recently transferred from 2nd Marine Regiment on Camp Lejeune to apply his embedded psychology expertise to a new billet with Submarine Squadron 11 in San Diego.

Embedded psychology in the Navy isn't exactly new. It formally commenced in the 1990s, when psychologists became a part of ship's company aboard aircraft carriers. Since then, psychologists have also been embedded into Marine commands and submarine squadrons, as well as a number of training commands.

Because of the explosive growth of embedded billets, Navy psychologists spend much more time training for these new roles, in internship, fellowship and in a variety of formalized courses. Long gone incident of espionage in the Marine Corps resulted in ope ational psychologists being stationed at the Marine Corps (MCESG) and Marine Barracks, Washington (8th & I).

and Escape (SERE) schools (though, in the Navy, one could successfully argue that the first operational psychologists were the Aerospace Experimental Psychologists, who have been conducting the assessment and selection program for Naval aviators since World War II). Operational psychology began to steadily grow in the 1980s, after an incident of espionage in the Marine Corps resulted in operational psychologists being stationed at the Marine Corps **Embassy Security Group** (MCESG) and Marine Bar"Our greatest growth has been in the areas of embedded psychology and operational psychology."

Subspecialty Code 1840-1843

End Strength - 207 Training - 33 Reserves - 17



SPECIALTY SPOTLIGHT

CLINICAL PSYCHOLOGY

Now operational psychologists are stationed with Navy and Marine Corps Special Forces commands, the SERE schools, MCESG and 8th & I and other commands which require careful selection of personnel for specific, high risk, missions.







Recent intern graduates: (L-R) LT Julia Von Heeringen; LT Kendall Moore.

Managing a rapidly expanding community and entering new areas of practice, takes substantial effort, planning and strategy. Within the Navy clinical psychology communitv. we have a very active executive committee that tackles issues related to recruiting, retention, training, community morale, issues related to burnout, and so forth. The committee consists of our specialty leader team, all of the captains in the community, and the subspecialty

Navy clinical psychology maintains subspecialty leaders (SSLs) in the areas of child psychology, prescribing psychology, neuropsychology,

leaders.

operational psychology, embedded Marine psychology, submarine forces psychology, and surface forces psychology, in order to best meet the



Pictured (L-R): LT Michael Polito, stationed at 7th Marine Regiment in 29 Palms and LT Noah Epstein, stationed at Marine Corps Embassy Security Group in Quantico, VA

training and mentoring needs of our psychologists and to best meet the needs of the Navy.

We are fortunate to have a highly qualified and agile pool of psychologists in the Navy. Given our opportunities for advanced training in child psychology, prescribing psychology, neuropsychology and operational psychology via Duty Under Instruction, the community has a significant degree of advanced skill sets.

Our board certification rate is five times that of civilian psychologists and this rate increases each year. The community has never before been so highly qualified, so plugged into the military itself, and such an active part of the mission.

Subspecialty Code 1840-1843

'We are fortunate to have a highly qualified and agile pool of psychologists in the Navy."

End Strength - 207 Training - 33 Reserves - 17



SPECIALTY SPOTLIGHT

CLINICAL PSYCHOLOGY



Navy Clinical Psychology Executive Committee - Pictured far right moving counter-clockwise: CAPT David Jones; CDR Robert Lippy; CAPT Scott Johnston; LCDR Chris Ecklund, Neuropsychology SSL; LCDR Matt Rariden, Submarine Forces SSL; CAPT Arlene Saitzyk; CAPT Tara Smith; CDR David Burke, Child Psychology SSL; LCDR Larkin Magel, Surface Forces SSL; LCDR Katie Pierce, Marine Embedded SSL.



Recruit Training Command Great Lakes, IL. Pictured (L-R): HM2 Jonathan Pittman; Dr. Jenny Marie Siddiqi, Psychologist; LCDR Kathleen Saul, Psychologist; LCDR Brian Lees; and HMC Reyes Camacho.



USS ABRAHAM LINCOLN (CVN 72) recently visited Bahrain. Pictured (L-R) First Row: LT Milton Dawkins; CDR Lisseth Thomas; LT Grace Hamelberg, Psychologist. Second Row: LT Nicholas Grant, Psychologist; LT Arlie Sterling, Psychologist.



New Orleans, LA. Pictured (L-R): CDR Eric Bacho, USMC Manpower & Reserve Affairs; LCDR Anna Keller, 4th Marine Division; CDR Robert Lippy, Naval Center for Combat & Operational Stress Control.

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Happy Holidays from the Naval Medical Forces Pacific! Pictured (L-R) First Row: LCDR Schwartz; LCDR Coates; CAPT Green; RDML Weber; CAPT M. Boman (retired); LT White; CAPT Schmitz. Second Row: LCDR Scott; CDR Fernandez; LTJG Do; LCDR Brown (retired); CAPT Zuzelski; CDR Verhulst; LCDR Jarmer; LT Faschan.



Happy Holidays from the Naval Medical Forces Atlantic! Pictured (L-R) First Row: LCDR Jason Delinsky, ADFA; CAPT Bradley Kluegel, DFA; LT Brendan Good, Health Facility Planner and Project Officer (HFPPO); CAPT Kathleen Cooperman, DCOS Manpower and Personnel; LCDR Lisa Brown, Flag Aide; RDML Anne Swap, Commander, Naval Medical Forces Atlantic. Second Row: LCDR Michael Owen, Comptroller; CDR Joel Bealer, DCOS Installations and Logistics; LCDR Blake Towns, Tidewater eMSM; CDR Timothy Barnes, DCOS Operations; CDR Jason Jones, Safety and Occupational Health. Third Row: CDR Justin Logan, DCOS POMI; LT Matthew Miles, HFPPO; CDR John Gardner, EHO; LCDR James Allen, Medical Physicist; LCDR (Sel.) Kevin Brown, Comptroller.

Questions or comments? Email us at usn.ncr.bumedfchva.list.msc-corps-chiefs-office@mail.mil.





Questions or comments? Email us at usn.ncr.bumedfchva.list.msc-corps-chiefs-office@mail.mil.



Norfolk, VA - Happy holidays from NEPMU-2! Pictured (L-R): LT Michael McKenna, Industrial Hygiene Officer (IHO); LT Peter Mercredi, Biochemist; LTJG Russell Ongkeko, Environmental Health Officer (EHO); LT Anurag Sharma, EHO; LT Marcus McDonough, Entomologist; LCDR Michelle Lane, Microbiologist; LT Westen Archibald, Entomologist; LT Daniel Silberger, Microbiologist; LCDR Brian Long, EHO; LT Dekoda Murphy, EHO; LTJG Adekunle Ogunyemi EHO; LCDR Kirsten VeseyOlah, Audiologist; CDR Steven Schutt, OIC/ EHO; LTJG Jacob Miller, EHO; LTJG Alec Jackson, IHO; LT Lorie Larkins, EHO; CDR Chadwick Yasuda, Microbiologist.



N. Chicago, IL - Happy holidays from the James A. Lovell Federal Healthcare Center. Pictured First Row (L-R): CDR Robert Senko, Optometrist; CAPT Wendy Pinkham, Physical Therapist; LCDR Jessica Woody, HCA; LCDR Baldomero Sagrado, Pharmacist. Second Row: CDR Jared McKendall, DFA; LCDR Christopher Paulett, Optometrist; LT Michael Stobie, HCA; LT Gabriella Finger, Optometrist; LT Matthew Ozanich, HCA; LT Jessica Bland, Clinical Psychologist; LTJG Robert Greene, HCA; HM2 Lindsey Rude, HCA IPP (Sel); CAPT William Grady, XO.

MSC Holidays around the globe



Sasebo, Japan -Happy Holidays from U.S. Naval Health Clinic Sasebo! Pictured (L-R): LTJG Keith Engel, Social Worker; LCDR Samuel Mendoza, Pharmacist; LT Matt Squires, Optometrist; LTJG Yocelin Hernandez-Rojero, Occupational Therapist; LCDR Joe Neil, Physical Therapist; LT Arnel Duvet, Environmental Health Officer; LT Jeff Morelen, Industrial Hygiene Officer; LT Lynnea Vis, Clinical Psychologist; CDR Kyle Dohm, OIC/ Optometrist.





Bottom left picture: Falls Church, VA - Pictured (L-R): LCDR Rolanda Findlay, Aerospace Experimental Psychologist and LT Brandon Elms, Health Facility Planner and Project Officer, representing the MSC table at Winterfest held at DHHQ, an event to showcase holiday products and services. Bottom right picture: Pirmasens, Germany. Pictured (Clockwise from left): HM1 Joshua Aycock, USAMMCE, Navy Liaison; Ms. Michel'le Aycock; Mr. Juergen W. Kreissl, Sales & Distribution Manager, CDR Melissa Harnly, OIC, Naval Medical Logistics Command Detachment, Pirmasens; Ms. Silvia Mees, Sales and Distribution Manager; Mr. Michael G. Sampson Sr., Deputy, Customer Support Division; Ms. Petra G. Schmidt, Sales and Distribution Manager; Ms. Melanie Gampfer, Sales & Distribution Manager.



Camp Pendleton, CA - Happy holidays from the 1st Medical Battalion! Pictured (L-R) First Row: LTJG Julius Wiseman, HCA; LT Hanayo Arimoto, Entomologist; LT Jeremy Jackson, HCA; LTJG Jesse Smith, HCA; CDR Wilfredo Morales, HCA; CDR Byron Jordan, HCA. Second Row: LTJG Corey Smith, HCA; LT Christian Fletcher, HCA; LTJG Carrie Barnes, Medical Technologist; LTJG Anna Vanerrden, Physician Assistant (PA); LT Hilary Williams, Environmental Health Officer (EHO); LT Alyson Wentworth, PA. Third row: LT Ethan Staats, Entomologist; CAPT Spencer Schoen, HCA; LTJG Ray Martinez, EHO.



Kandahar, Afghanistan - Happy holidays from the NATO Role III Multinational Medical Unit (MMU) Medical Service Corps Officers! Top Row Left to Right: LCDR Adam Sharrits, HCA/Navy Medicine East; LCDR (sel) Matthew Wright, Medical Technologist/NOSC Salt Lake City; LT Charles Lee, HCA/Fort Belvoir Community Hospital; LCDR Rey Mene, HCA/Naval Medical Center San Diego; LTJG Mark Fisher, HCA/Naval Hospital Bremerton; Bottom Row LT Christina Bravos (left), Pharmacist/Walter Reed National Military Medical Center—Bethesda; LT Megan Hess, Physical Therapist/Naval Medical Center Portsmouth.



Questions or comments? Email us at usn.ncr.bumedfchva.list.msc-corps-chiefs-office@mail.mil.



San Diego, CA - Happy Holidays from Naval Medical Center San Diego! Front Row: LCDR Jesse Stewart, HCA; LT Holly Murphy, Radiation Health Officer (RHO); LTJG Gricel Rodriguez, HCA; LT Candice Gonsalves, Clinical Psychologist; LT Kelly Main, Clinical Psychologist; LT Megan Hinton, HCA; LCDR Ann Hummel, Clinical Psychologist; LT Thuy Pham, Pharmacist; LT Natasha Meadows, HCA; LT Cortney Shewmaker, Physical Therapist. Middle Row: CDR Richard Gilliard, Director for Administration; LT Ollie Adcox, RHO; LCDR Michael Messick, Medical Technologist, LT Brook Sims, Clinical Psychologist; LCDR Rachel Condon, Physical Therapist; LTJG William Baker, Industrial Hygienist; LT Paul Kim, HCA; LTJG Michael Rottier, RHO; LT Steven Smigmator, HCA; LT Matt St. John, HCA; LCDR Stacey Trimner, HCA; CAPT Devin Morrison, Executive Officer and HCA. Back Row: LCDR Jason Wright, HCA; LT Ethan Amdahl, Clinical Psychologist; LT Jonathan Rogers, RHO; LT Nii Adjei Oninku, Environmental Health Officer; LT Donny Le, Pharmacist; LT Sean Houchins, Clinical Psychologist; LCDR Josh Halfpap, Physical Therapist; LTJG Jac Thomas; LCDR Amit Sood, Dietician; LT James Waldorf, Physician Assistant; CAPT Karla Lepore, Officer in Charge NBHC Naval Base San Diego and Occupational Therapist; LT Anthony Belekanich, Optometrist.

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USS THEODORE ROOSEVELT (CVN - 71)- Pictured (L-R): LT Cristina Lucaterodiaz, HCA; LT Takehito Nakagawa, Industrial Hygiene Officer; LT Darren Cutler, Radiation Health Officer; LT Jared Castro, Physician Assistant; LT Nick Friedlein, Physical Therapist; LT Kyle Bandermann, Clinical Psychologist. Photo by: MC2 Terrence Deleon (/released).



Happy holidays from EMU 10G in Iraq! Pictured (L-R) - LT Jeffrey Illinik, Physician Assistant/NMCP; LT Timothy Martin, HCA, NH Jax; LCDR Chad Thoemke, AOIC/NH Jax.





Guantanamo Bay, CU - Happy holidays from the MSCs of Naval Hospital Guantanamo Bay and JTF-GB. Pictured First Row (L to R) - LT Angel Camacho, HCA; CDR Glenn Buni, HCA; LCDR Andrew Alvarez, Physical Therapist; LTJG Ara Gutierrez, Laboratory Officer; LCDR Eugene Smith, HCA; LCDR Kristin Love, HCA; LT Ayoyinka Aluko, Pharmacist; ENS Elizabeth Abimbola, HCA; LTJG Katrina Brewer, HCA; LT Sebastian Garcia, Pharmacist. Back Row (L-R) - LCDR William Legg, Pharmacist; LT Ato Anderson, HCA; LTJG Jonathan Stawicki, EHO; LT Mukund Thakore, HCA; LCDR John DeJesus, Physician Assistant.



Millington, TN - Happy holidays from the NSA Mid-South MSCs! Pictured First Row (L-R): LCDR Diana Tran-Yu, HCA/ Pharmacist; LCDR Richard Fail, HCA; CDR Janiese Cleckley, HCA; CAPT Shane Vath, Physical Therapist; LCDR Jennifer McNab, HCA; LCDR Anna Rosendahl, HCA; LCDR Melissa Amescua, Dietitian. Second Row from left to right: CDR James Perry, HCA; CAPT John Griesenbeck, Environmental Health Officer; LT Daniel Schatz, HCA; LCDR Stephanie Long, Clinical Psychologist; CDR Robert McMahon, HCA.





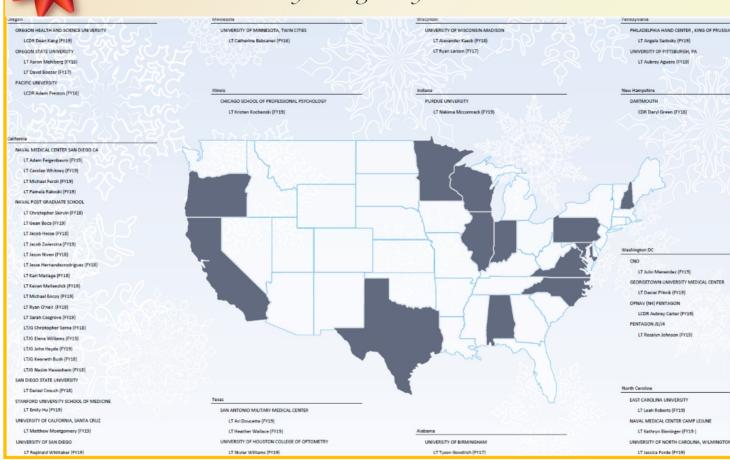
Questions or comments? Email us at usn.ncr.bumedfchva.list.msc-corps-chiefs-office@mail.mil.



Dayton, OH - Pictured: (L-R) First Row: CDR Jason Schmitt, Biochemist; CAPT Matthew Hebert, Aerospace Physiologist; RDML Tim Weber, Commander, Naval Medical Forces Pacific & MSC Director; CAPT Richard Folga, Aerospace Physiologist; CAPT J. Russel Linderman, Aerospace Physiologist, U.S. Navy Physiological Episodes Action Team. Second Row: CDR Matthew Shipman, Aerospace Physiologist; LCDR Micah Kinney, Aerospace Optometrist; LT Sarah Sherwood, Aerospace Experimental Psychologist; LT Maria Greenwood, Research Psychologist; LCDR Chad Scott, HCA/NMFP; LCDR Julia Hardy-Carr, HCA; LCDR Cody Schaal, Industrial Hygiene Officer; LT Dan Xu, Biochemist; CDR Cheryl Griswold, Aerospace Physiologist; LCDR Taj King, Biochemist, CDR Tatana Olson, Aerospace Experimental Psychologist.



Happy 2019 Holidays from the Medical Service Corps Officers currently serving Duty Under Instruction





Charleston, SC - Happy holidays from Naval Health Clinic Charleston! Pictured (L-R): LCDR Andrew Weiss, HCA/DFA; ENS Okechukwu Ezeonwurie, HCA; LCDR James Falkner, Radiation Health Officer; LT Michelle Rizzo-Pelley, Environmental Health Officer; LT Amber Egbert, Optometrist; LTJG Dale Wolkenhauer, Medical Technologist; LT Jason Lemma, HCA; LCDR Carlos Linomontes, HCA/DCSS; LTJG Youssef Khamsi, Radiation Health Officer.



San Diego, CA - Happy holidays from Naval Health Research Center (NHRC) San Diego. Pictured (L-R): Lt Col Trish Rohrbeck, USAF BSC, Public Health Officer; CDR Shawn Soutiere, Research Physiologist; CAPT William Deniston, CO, Research Psychologist; CAPT Katie Shobe, XO, Research Psychologist; LCDR John Fraser, Physical Therapist; LCDR Cheryl Davilia, HCA, MAJ Keyia Carlton, USA, MS, Research Psychologist.



Bethesda, MD - Pictured: (L-R) First Row: CDR Parry, Radiation Health Officer; LCDR Collins, Medical Technologist; LT Frati, Medical Technologist; LT Johnson, Microbiologist, LCDR Grgurich, Clinical Social Worker, LCDR Vaughan, HCA; LT Lucas, HCA; LTJG Junio, HCA. Second Row: LTJG Matthews, Occupational Therapist (OT); LT Spruill, OT; LT NTI, HCA; CAPT Woelkers, CO; LTJG Somuah, HCA; CAPT McLean, HCA; CDR Marty, Comptroller; CAPT Tolentino, HCA. Third Row: LT Bullock, Environmental Health Officer; CDR Blair, Psychologist; LCDR Shea, Pharmacist.



Happy holidays from the Naval Medical Logistics Command! Bottom left picture: Walkersville, MD - Naval Medical Logistics Command Holiday Part. Pictured (L-Clockwise): CAPT Steve Aboona, Commander, Naval Medical Logistics Command; CDR Matthew Marcinkiewicz, Deputy Commander; Mrs. Marcinkiewicz; Ms. Julia Hatch, Legal Counsel; HMCM Patrick B. West, Command Master Chief; Dr. Darin Callahan, Chief Operations Officer; Mrs. Callahan; Mrs. Aboona. Bottom right picture: Fort Detrich, MD - CAPT Steve Aboona congratulates Mr. Ed Doorn, Medical Equipment and Logistics Solutions Picture Archiving and Communications System Program Manager, for having the most festive sweater during the Command's Ugly Sweater Contest.





BUONE FESTE



MEDICAL SERVICE CORPS, USNH NAPLES ITALY
DECEMBER 2019



BACK ROW: LCDR OLIVA (HCA), LCDR BLAIR (AUDIOLOGIST), LT DILL (HCA), LT HARRIS (PAD), LT CARDELL (PAD), LT HAIRSTON (COMPTROLLER)
MIDDLE ROW: LT BUI (PSYCHOLOGIST), LT ALVIA (HCA), LT TOADER (HCA), CDR CHRISTENSEN (EHO), CAPT PINER (XO), CDR EDUSADA (DFA), LT MANGAHAS (MEDICAL
TECHNOLOGIST), LT MCCARY (CEC), LCDR MARTIN (COMPTROLLER)

FRONT ROW: CDR BROMBEREK (SOCIAL WORKER), LT GILL (POMI), LCDR SANK (LOGISTICS), LT WHITESEL (PT), LT KACZMAREK (PHARMACIST), LT THOMPSON (LOGISTICS), LCDR NORTH (HCA), LT PALCAN (PSYCHOLOGIST), LT WITTENAUER (PA)





Yokosuka, Japan. Happy Holidays from Naval Hospital Yokosuka! Pictured First Row (L-R): LCDR Jaypee Punzal, HCA; LCDR Kamalan Selvarajah, ADFA/HCA; CDR Scott Dunn, DPH/Industrial Hygiene Officer (IHO); CAPT Felix Bigby, CO/HCA; CDR Allison Bennett, DFA/HCA; CDR Ashlee Espiritu, DCSS/Pharmacist; LCDR Nelson Guadalupe, Dietitian; LCDR Amanda Boudreaux, Audiologist. Second Row: LCDR Carl Powell, Pharmacist; LCDR Tim Harmon, Physician Assistant (PA); LT Mary Ann Clover, HCA; LT Jessy Calderoncasillas, IHO; LTJG Judy Ramirez, HCA; LT Linett Sierra, Psychologist; LT Reagan Williams, HCA; LT Erin Williams, Occupational Therapist; LT Michael Wing, IHO; LT Stefanie Allan, Audiologist. Third Row: LT Zachary Roach, PA; LTJG William Hogan, HCA; LT Ricardo Dyer, HCA; LT Jillian Mears, Physical Therapist (PT); LT Rodney Noah, DRM/ HCA; LTJG Niraj Khanal, IHO; LT John Mallory, Psychologist; LTJG Shane Garduno, HCA; LCDR Patrick Mitchell, PT; LT Jeremy Stack, HCA; LT Jaime Zhunepluas, HCA; LT Christopher Ike, HCA.



JBPHH, HI - Mele Kalikimaka from the U.S. Naval Health Clinic Hawaii! Pictured Front Row (L-R): LT Harry Tran, HCA; LT Emma Delgado, Physician Assistant (PA); CDR Mary Piliwale, Environmental Health Officer; LT Lisa Walker, PA; LT Christopher Rosetti, PA; CDR Danielle Hicks; HCA/DFA. LT Kevin Hoang, Optometrist. Back Row (L-R): LT Derek Wills, PA; LCDR Derek Hoffman, HCA; LTJG Paul Winston, HCA; CAPT Kimberly Zuzelski, Dietitian/Commanding Officer; CDR Eric Kulhan, Nurse Corps; LCDR Ronald Lorenzo, HCA; LTJG Samuel Mobley, Industrial Hygiene Officer.





Rota, Spain - Happy holidays from Naval Hospital Rota! Pictured (L-R): CDR John Callahan, Physician Assistant; LT Kevin Mollema, HCA; CDR Bonnie Garbutt, Optometrist; LT Samantha Stopford, Social Worker; LT Nicole Willis, HCA; LCDR Joshua Keil, Optometrist; LCDR Christian Duhon, Audiologist; LCDR Rachael Sargeant, Physical Therapist; LCDR Lyndsy Meyer, Industrial Hygiene Officer; LT Brooke Chumley, HCA; Santa Claus, HCA; LT Jason Johnson; HCA; LT Danielle Kerr, Pharmacist; CDR Stacy Kwak, Environmental Health Officer; CDR Christopher Lingard, DFA; LCDR Bridget Ruiz, Medical Technologist; LCDR Kenneth Jenkins, Pharmacist; CAPT Andrew Archila, CO/Optometrist.



Patuxent River, MD - Greetings from Southern Maryland! Pictured (L-R): LCDR Amanda Bradford, DFA/HCA; LCDR Nicole Gonzalez, HCA; ENS Esneider Herrera, HCA.



Newport, RI. Happy holidays from the MSC's at Officer Development School and the Grinch who stole liberty! Pictured (L-R): LT Jessica Sanders, HCA; CDR Clemia "CJ" Anderson III, HCA; and LCDR Derrick Randle, HCA.



Oak Harbor, WA - Holiday Hooyah from Naval Health Clinic Oak Harbor! Pictured (L-R): LTJG Sherrie Jones, HCA; LCDR (Sel) Mindy Paturzzio, Pharmacist; LTJG Bridget Hannon, HCA; LT Edward Koonce, Physical Therapist; LT Tammy Nguyen, Medical Technologist; CDR Timothy Coker, HCA/DFA; LT Edward Roberts, Comptroller; LCDR Scott Williams, Optometrist; LCDR Timothy George, HCA.



Beaufort, SC - Happy holidays from USNH Beaufort. Pictured (L-R): LT Rannie Simpson, Logistician; LTJG Brooke Delony, HCA; LCDR Jeremiah Ford, Clinical Psychologist, LT Juan Alvarezrodriguez, Medical Technologist; LCDR Brandon McLamb, HCA, LCDR Shawn Morris, HCA/DFA.

got photos?

Route your requests via your chain of command and send them to the <u>Corps Chief's Office</u> with the following information:

- 1. Location of picture (city/state/country, or ship, where applicable)
- 2. Rank, Full Name, Specialty (if MSC), Corps (if non-MSC) of all Officers
- 3. Suggested caption

Questions or comments? Email us at usn.ncr.bumedfchva.list.msc-corps-chiefs-office@mail.mil.

October 2019 Crossword Puzzle

WINNER: LT Jude Rosario, MSC, USNR

Across:	Down:								
			1.) Because of the						
shave waiver will obtain a medical re-evaluation and	waiver will obtain a medical re-evaluation and hair introduces			in operational, training and maintenance					
new treatment regimen within months of			and taking into account that proper						
the release of the revised BUPERS 1000.22C. (Hint:	treatment can in most cases help Service Members								
Spelled out)	manage their PFB, permanent no-shave waivers are no longer authorized. (Hint: Two words)								
2.) NAVADMIN 231/19 Topic: Management of Navy Uniformed Personnel Diagnosed with(Hint: Abbreviated)	ionger a	unorize	a. (Hii	it: Two	words)				
3.) Caused when tightly curled beard hairs, sharpened by shaving, curve back and re-enter the skin, resulting in			1 _s	i	x	ë			
facial, bumps and infections.									
4.) At no time will hair growth exceed of		oe Î	a	2 22 - 104					
an inch between directed shaving periods. (Hint: No symbols)	100	²p	f	b					
	86		е	88					
3i n f l a m	m	a	t	i	0	n			
	***		У				433		
fo n e q	u	а	r	t	е	r	8		
		ŝ	i				63		
		Î	3	85					
		3	k	86 					
		Î	3						
		×.		LEF					

November/December 2019 Crossword Puzzle By: LT Rommel R. Rabulan

Across:		Down:					
 Per NAVADMIN 274/19, to support proper Fleet 		2.) NAVADMIN 248/19 Topic: Navy					
nanning, NAVADMIN 058/14 (Increased Enlisted and Reporting Policy (Hint: Two		and Reporting Policy (Hint: Two words,					
Personnel Distribution Authority) authorizes	s detailers to	no spaces)					
rotate Sailors months prior to o	or after						
assigned PRD. (Hint: Spelled out)		3.) MTFs will administer the 2019-2020 influenza					
		vaccination to exceed the percent					
4.) NAVADMIN 274/19 Topic:		vaccination goal by 15 December 2019 for Active and					
Flow Enlisted Career Paths (Hi	int: Two	Reserve Components. (Hint: Spelled out)					
words, no spaces)		S) MATTER PROPERTY OF THE C					
0) 374774 D3 (D3 200/40 T) ' E' 177	2020	5.) NAVADMIN 254/19 Topic: Culture of					
8.) NAVADMIN 292/19 Topic: Fiscal Yea	ar 2020	6.) "You will soon see a follow-up Star					
Awareness Challenge		message from our Fleet Commanders, highlighting our	r				
1	2	unified commitment to signature behaviors." – CNO					
	9 9	(Hint: Spelled out)					
		(Timi: Spened out)					
3	— *	7.) Personnel who completed CAC 2019 after					
		September 2019 but before CAC 2020 wa	as				
		available shall receive credit for their annual FY20					
		training (Hint: Spelled out)					
4	5						
2 1		6 7					
- b							
4		1					
~~							
N/I	8	 					
		4					
		7					
	20						
		***Scan and email your answers to					
		rommel.r.rabulan@navy.mil. The winner will					
be recognized on the next edition of T		be recognized on the next edition of The					
		Rudder.***					
	<u> </u>						

U.S. NAVY MEDICAL SERVICE CORPS

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The Medical Service Corps supports Navy Medicine's readiness and health benefits mission. It is the most diverse Officer Corps in Navy Medicine with 31 specialties organized under three major categories: Healthcare Administrators, Clinical Care Specialties, and Healthcare Scientists. There are over 3.000 active and reserve MSC officers that serve at Military Treatment Facilities, on ships, with the Fleet Marine Force, with Seabee and special warfare units, in research centers and laboratories, in a myriad of staff positions with the Navy and Marine Corps, and with our sister services around the world.

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